

WORLD DANCE SERIES

MEXICAN FOLK DANCES

WITH AUDIO ACCOMPANIMENT, EASY TO FOLLOW DANCE GRAPHICS,
ORFF & PERCUSSION ARRANGEMENTS

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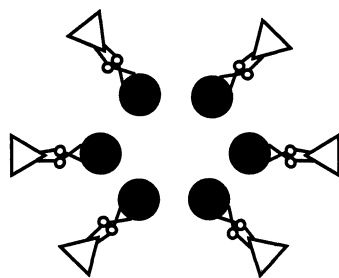
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1. La Raspa

FORMATION: Partners facing, hands joined, arms outstretched, in a double circle, men's backs to the center.



INTRODUCTION - Three Beats

DANCE DIRECTIONS:

RASPA STEP (Theme A in the music)

Count 1 — Jump in place to “stride” position, right foot forward, toes up

Count 2 — Again jump in place, this time placing left foot forward, toes up.

Count 3 — Again jump in place, right foot forward.

Count 4 — Hold position — don’t move!

(Repeat these steps but begin the LEFT FOOT FORWARD this time)

(Repeat again beginning with the left foot)

(Repeat)

Cue Step:	count 1	ct 2	ct 3	ct 4
	Jump right,	left,	right,	hold
	Jump left,	right,	left,	hold
	Jump right,	left,	right,	hold
	Jump left,	right,	left,	hold.

CHORUS: (THEME B)

Partners LINK RIGHT ELBOWS and do 8 SKIP STEPS around each other.

Then reverse direction, LINKING LEFT ELBOWS, and do 8 SKIP STEPS around each other.

(Repeat the above, linking right then left elbows).

THE MUSIC REPEATS THREE MORE TIMES AND YOU MAY SIMPLY USE THE SAME TWO STEPS FOR THE REMAINDER OF THE RECORDING.

HERE ARE SOME VARIATIONS YOU MAY WISH TO TRY.

VARIATIONS FOR THE RASPA STEP:

1. On the jump, place the feet sideward instead of forward.
2. Or cross one foot in front of the other on the jump.
3. Partners drop hands, and when doing the jumps, turn the body so that first the left shoulders are toward each other then right, then left.

VARIATIONS FOR THE CHORUS:

Do the right, left, right, left elbow swings as before, but on each change of elbow and direction the boy takes a new partner (moving counterclockwise around the circle to take the new partner), and on each group of 8 skips the partners make one complete circle around each other. The boy thus swings his partner and then three more girls in succession, taking the last girl as his new partner for the RASPA STEP that follows.

Orff and Percussion Arrangements

by Debbie Cavalier and Sandy Feldstein

ABOUT THE INSTRUMENT PARTS

Throughout the following Orff/Percussion arrangements, the indicated instruments have characteristic sounds. Other instruments within the same basic sound families may be added or substituted.

For example:

Maracas - Cabasa - Chocallo - other shakers

Tambourine - Hand Drum - Jingle Sticks, shaker family instruments

Claves - Wood Block - Tone Block - Rhythm Sticks

Drums (high, low) - Bongos - Hand Drum & Conga Drum - 2 Pitched Conga Drums - Thumb Piano

MEXICAN FOLK DANCES

1. LA RASPA*

A Section

Glockenspiel

Alto Xylophone

Bass Xylophone/
Bass Metallophone

Woodblock
Tambourine

Claves
Drum high/low

Glk.

A.X.

B.X./B.M.

Wb.
Tamb.

Claves
Drum

*Play through three times in G, transpose up to C one time then down to F one time.

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