

PART I

LESSON 1

1 **Count 1-2-3-4** **1-2-3-4** **Take a full breath** **1-2-3-4**
1st Position

2 **1-2-3-4** **1-2-3-4**
(F)
(B \flat)

3 **Breathe four beats**
2nd Position (E)

4 **Listen** Do Ti Do

5 Do Ti Te **Natural sign**
3rd Position (2)

6 Do Ti La
4th Position

7 **Breath mark** E \flat D
(2) (3) (2)

8 (3) (4)

9 (2) (4) (3) (2)

10 **Key of F** Do Ti La **Sol**
(2) **6th Position**

11 **C**
(6)